

NEED A PHYSICIAN OR OTHER SPECIALIST?

Go to **TRIHEALTH.COM/PHYSICIANS** to find a physician, specialist, and a list of physician practices affiliated with TriHealth.

OR

Call the **TRIHEALTH PHYSICIAN REFERRAL LINE**, 513-569-5400, weekdays 8 a.m. to 4 p.m. for information or referrals to physicians and services at Bethesda North, Good Samaritan and other TriHealth facilities.

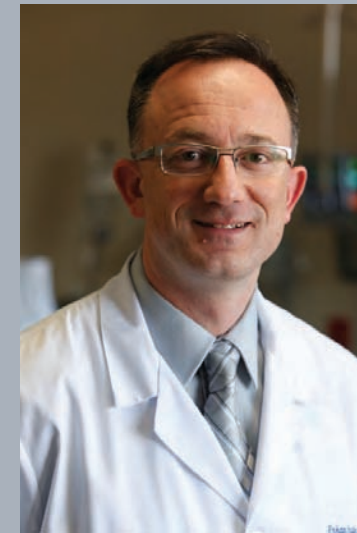
OR

Search TriHealth's **ON-LINE PHYSICIAN DIRECTORY**. Go to **TriHealth.com** and click "Find a Doctor" for contact information for physicians and other specialists on staff at Bethesda North and Good Samaritan hospitals.



TriHealth Corporate Communications
619 Oak Street
Cincinnati, Ohio 45206
513-569-6706
TriHealth.com

All of us
TOGETHER
are Caring for People First



All of us
TOGETHER
are *Caring for People First*

ACUPUNCTURE (*see Holistic Health*)

AMBULATORY TREATMENT CENTER

Bethesda North Hospital, 513-865-1223

Medical oncology, transfusions, hydration, bone marrow biopsy, thoracentesis, paracentesis, stimulation tests, challenge test, lab draws, injections, medical physician clinics.

AMERICAN NURSING CARE, 800-875-2622

AmericanNursingCare.com

Nursing assistants, licensed practical nurses, registered nurses, occupational therapists, physical therapists, speech therapists, homemakers, live-in companions, home health aides, house-keeping services delivered in the home or in nursing facilities.

AUDIOLOGY (*See Rehabilitation*)

BARIATRIC SURGERY (*See Weight Management*)

BEHAVIORAL HEALTH

BETHESDA BLUE ASH, 513-489-6011

Outpatient alcohol and substance abuse services and programs including early intervention, day intensive outpatient, evening intensive outpatient, individual outpatient and volunteer led continuing care.

BETHESDA OAK, 513-569-6116

Alcohol and drug programs including: early intervention program, ambulatory detox, day treatment, day intensive outpatient, evening intensive outpatient, relapse program, individual outpatient counseling, counselor-led continuing care, volunteer-led continuing care.

**GOOD SAMARITAN PSYCHIATRIC TREATMENT PROGRAM
513-862-2823**

Inpatient adult and geriatric psychiatry and detox.

SENIOR BEHAVIORAL HEALTH PROGRAM

Good Samaritan Hospital, 513-862-4100

Mental health services for older adults requiring inpatient care 24-hours a day, seven days a week.

Psychiatric Day Treatment Program, Good Samaritan Hospital, 513-862-2823

Senior Behavioral Health at Good Samaritan Hospital, 513-862-4100

Intensive treatment for patients who need more than office-based psychiatric treatment.

(*See also CONCERN*)

BETHESDA FOUNDATION, 513-865-1616

BethesdaFoundation.com

Supports Bethesda and its entities by cultivating philanthropic support for patient services, facilities, program and service development, indigent care, medical education and research, and community outreach programs.

**BETHESDA MEDICAL CENTER – ARROW SPRINGS,
513-282-7000, BethesdaArrowSprings.com**

This state-of-the-art medical facility includes a 24-hour Emergency Room, comprehensive outpatient services and

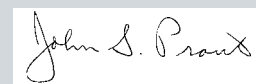
Dear Friends:

Making quality health care accessible to those who need it most is a TriHealth mission. In fiscal year 2010 we spent more than \$73 million to carry out that mission – to the poor, the uninsured, and the under-insured.

This Health Services Directory is a comprehensive listing of dozens of TriHealth programs that are aimed at improving the health of our community. They are offered in our hospitals, ambulatory care centers, physician offices, public health clinics, schools and churches. Many of these programs are available at little or no cost.

As you review this directory, you will realize the power of the “tri” in TriHealth – hospitals, physicians, community – in making quality compassionate health care more accessible to those who need it most. Please share this directory with anyone you know who can benefit from the many resources TriHealth provides.

Sincerely,



John S. Prout
President and Chief Executive Officer
TriHealth Inc.

primary care and specialty physicians. With the support of advanced information technology, we provide the same high-quality, patient-centered care and services you've come to expect from Bethesda North Hospital. Located in Warren County, Bethesda Arrow Springs is convenient to Lebanon, West Chester, Monroe, Mason and many other communities.

BETHESDA NORTH HOSPITAL, 513-865-1112

BethesdaNorth.com

One of the area's largest acute and tertiary care hospitals. Bethesda North offers a comprehensive range of services from award-winning heart care to maternity services and a 24-hour Emergency Room. Serves residents of northeast Cincinnati and Warren, Butler, and Clermont counties. Located in Montgomery.

BETHESDA NORTH OUTPATIENT IMAGING, 513-569-6777

Full range of radiology services with state-of-the-art equipment. Services include stereotactic biopsy, 64-slice CT scanners, high-field MRI scanners, X-rays and ultrasounds. Houses the hospital's Lung Nodule Program, and the Mary Jo Cropper Family Center for Breast Care, a high-tech breast evaluation and treatment center with digital mammography.

BETHESDA NORTH TRAINING AND SIMULATION CENTER, 513-865-1582

Training center for paramedics, athletic trainers, nurses, physicians and other health professionals. The goal of the center is to improve safety and quality of care, not only at the hospital, but also by paramedics, athletic trainers and others who provide medical care. Home to the Bethesda Paramedic Training Program.

BREAST CARE

Mary Jo Cropper Family Center for Breast Care at Bethesda North, 513-865-1344

Good Samaritan Hospital Breast Center, 513-862-4844

Advanced technology and expert clinical assessments are used to facilitate earlier detection of breast cancers in high-risk women. Includes close monitoring, medical therapy, access to clinical trials, nutrition guidance and educational sessions.

(See also Mammography)

CANCER

CANCER CARE SERVICES

Care for each patient's physical, emotional and spiritual health. Services include diagnosis, surgery, patient education, chemotherapy, radiation/brachytherapy, symptom management, pain management, palliative care, hospice care, American Cancer Society Cancer Patient Navigator (Bethesda North only), integrative health (healing touch, pet therapy), clinical trials and referral to other TriHealth services.

INPATIENT SERVICES

Bethesda North Hospital, 513-865-1150

Good Samaritan Hospital, 513-862-3674

OUTPATIENT SERVICES

Bethesda North Ambulatory Treatment Center, 513-865-1223

Bethesda North Radiation Therapy, 513-865-5275

Good Samaritan Hospital Outpatient Cancer Care, 513-862-2587

Good Samaritan Hospital Radiation Oncology, 513-862-2636

Oncology Partners Network, nine locations, 513-451-4033, OPNCare.com

(See also Skin Cancer)

CARDIAC *(see Heart Services)*

CONCERN, 513-891-1691, ConcernServices.com

Employee assistance program for area employers. Helps employees and their families maintain a healthy balance in their personal and professional lives. Includes counseling on balancing work and family, relationships, parenting, work stress, addictions, crisis, health, and mental/emotional concerns.

DIABETES SUPPORT GROUPS

TriHealth Fitness & Health Pavilion, 513-865-1126

Second Tuesday of the month, 7:30 to 9 p.m., September-May.

DIABETES EDUCATION AND NUTRITION COUNSELING

Bethesda North and Good Samaritan hospitals

513-569-6777

Outpatient consultation on therapeutic diets for diabetes patients and others regarding food preparation, shopping, label reading, etc.

DIGESTIVE HEALTH

Bethesda North Hospital, 513-865-2299

Individualized care for diseases and disorders affecting the esophagus, stomach, small bowel, colon, rectum, liver, and gallbladder. Experienced gastroenterologists, hepatologists, radiologists, pathologists and surgeons utilize the latest research and technology to diagnose and manage these conditions.

DRIVER EDUCATION AND SCREENING

Good Samaritan Hospital, 513-862-2481

TriHealth Fitness & Health Pavilion, 513-985-6757

Comprehensive driver's assessment for older adults. Licensed occupational therapists evaluate physical, visual and thinking skills. Refresher courses available.

DYSPHAGIA *(See Rehabilitation)*

ELDERLY SERVICES *(See Seniors)*

EMERGENCY MEDICINE

BETHESDA MEDICAL CENTER – ARROW SPRINGS

513-282-7000, BethesdaArrowSprings.com

Full-service Emergency Room for medical, surgical, telemetry and critical care for all ages including newborns.

BETHESDA NORTH HOSPITAL, 513-865-1112

BethesdaNorth.com

Full-service Emergency Room and Level III trauma center for all ages including newborns. Surgeons on call for most specialties including trauma, vascular, ENT, cardiac, obstetrics, gynecological, orthopedic and hand cases.

GOOD SAMARITAN HOSPITAL, 513-862-1400

GoodSamCincinnati.com

Full service Level II Emergency Room with special track for minor illnesses and injuries. Surgeons on call for most specialties including ENT, cardiac, obstetrics, gynecological, orthopedic and hand cases.

GOOD SAMARITAN MEDICAL CENTER – WESTERN RIDGE,

513-246-9800, GoodSamWesternRidge.com

Full-service, high-tech, 24-hour Emergency Room for all ages, staffed with Good Samaritan Hospital Emergency physicians.

ENDOSCOPY

Bethesda North Hospital, 513-865-1360

Good Samaritan Hospital, 513-862-2479

Screening for gastrointestinal and colorectal diseases and disorders per physician appointment.

EXECUTIVE HEALTH, 513-891-1622

TriHealthCorporateHealth.com

Personalized comprehensive medical and wellness consultation for executives. Specialized program for women.

FACULTY MEDICAL CENTER AT GOOD SAMARITAN

HOSPITAL, 513-862-2563

Obstetrics, gynecology, internal medicine, general surgery, and vascular surgery. Medical care provided for all patients regardless of ability to pay.

FERNSIDE (See *Grief Support*)

FERTILITY SERVICES (See *Maternity*)

FETAL CARE CENTER (See *Maternity*)

GOOD SAMARITAN COLLEGE OF NURSING AND HEALTH SCIENCE, 513-862-2631, GSCollege.edu

Associate of Applied Science in Nursing degree from a private, not-for-profit higher education institution in a Catholic environment.

GOOD SAMARITAN FREE HEALTH CENTER OF PRICE HILL, 513-557-2700

Free clinic for uninsured residents of Price Hill, over age 18, and referred by TriHealth Parish Nurses, Santa Maria Community Services and Healthy Women Healthy Lives. Staffed by volunteer physicians, nurses and social workers.

**GOOD SAMARITAN HOSPITAL, 513-862-1400
GoodSamCincinnati.com**

Greater Cincinnati's oldest and largest private teaching and specialty health care facility located in Clifton. Good Samaritan is the pre-eminent Catholic hospital in the community, and proudly serves all sectors of the population.

GOOD SAMARITAN HOSPITAL FOUNDATION, 513-862-3786, GSHFoundation.com

Philanthropic support for Good Samaritan Hospital's charitable, educational and scientific activities that improve health care in the tradition of the Sisters of Charity.

GOOD SAMARITAN MEDICAL CENTER – WESTERN RIDGE, 513-246-9800, GoodSamWesternRidge.com

Around-the-clock full-service Emergency Room and laboratory services, physician offices and diagnostics including CT scan, X-ray, ultrasound, mammography, vascular studies, EKG, dexta scan.

GOOD SAMARITAN OUTPATIENT CENTER – GLENWAY, 513-569-6777

Diagnostic testing and imaging services including MRI, mammography, X-ray, ultrasound, Dexta scan, EKG, laboratory testing, pulmonary function testing, physical therapy, pre-admission testing. Also offices for primary care physicians and specialists.

GOOD SAMARITAN WEIGHT MANAGEMENT CENTER
(See *Weight Management*)

GRIEF SUPPORT FOR CHILDREN

FERNSIDE, 513-745-0111, Fernside.org

A service of Hospice of Cincinnati for grieving children and their families. Includes peer support groups, phone consultations, referrals, summer camp, weekend retreats, resource center and lending library, outreach and in-school programs.

GRIEF SUPPORT FOR PARENTS

Pleasant Ridge Presbyterian Church, 513-862-1163

For parents experiencing pregnancy loss or neonatal death such as miscarriage, stillborn, ectopic pregnancy, and Sudden Infant Death Syndrome (separate SIDS group). Meets monthly to share experiences and explore the natural feelings of anger, sadness and depression that accompany the grieving process.

HAND REHABILITATION (See *Rehabilitation*)

HAND SURGERY CENTER

Bethesda Oak campus, 513-961-7740

Ambulatory hand surgery for personal or work injuries of the hand.

HATTON RESEARCH INSTITUTE

Bethesda North and Good Samaritan hospitals, 513-862-4012, HattonInstitute.com

Research and education by staff physicians, surgeons, teaching faculty, residents, and allied health professionals. National training site for physicians using leading-edge minimally invasive surgical simulators and robotic surgical systems.

HEART SERVICES

BETHESDA NORTH HEART AND VASCULAR CENTER, 513-865-2222, TriHealth.com/Heart

Treats more heart attack patients than any other hospital in the city. Bethesda North is the leading cardiac program in Northern Cincinnati and the first in the region to offer an innovative balloon-based cryoablation treatment for atrial fibrillation.

(See also *Vascular Center*)

GOOD SAMARITAN HEART AND VASCULAR CENTER, 513-865-5272, TriHealth.com/Heart

Provides Cincinnati with innovative heart and vascular care including:

- Robotic-assisted heart surgeries – more than any hospital in the region. Home to the only cardiothoracic robotic surgeons in a 100 mile radius.
- Mitral valve repairs (rather than replacements) in 90 percent of patients with mitral valve disease.
- Transradial (wrist) access for angioplasty and cardiac catheterization.

NORTHEAST CARDIOVASCULAR CENTER, 513-865-5120

Diagnostic, low-risk cardiac catheterizations and diagnostic peripherals.

CARDIAC REHABILITATION

Good Samaritan Hospital, 513-862-2837

TriHealth Fitness & Health Pavilion, 513-985-6776

Outpatient education about heart disease, medicines, diet, stress management, lifestyle modification and smoking cessation. Offers monitored exercise sessions with a variety of equipment including treadmills, bicycles. Partner exercise program available at Pavilion.

HOLISTIC HEALTH

**TriHealth Integrative Health & Medicine Center, and TriHealth Fitness & Health Pavilion, 513-985-6736
TriHealthPavilion.com**

Holistic approach to optimizing health, preventing illness and treating chronic health conditions. Emphasis on interrelationship of mind, body and spirit. Acupuncture, aromatherapy, healing touch, massage therapy, guided imagery, reflexology, Reiki, Yoga, Tai Chi, meditation and community education classes. Vitamins, tapes and CDs available for purchase.

HOME CONNECTIONS, 513-569-5115

Personal monitoring and home safety devices for a more secure environment, making it possible to live independently with confidence.

HOSPICE OF CINCINNATI, 513-891-7700

HospiceofCincinnati.org

Care and support of terminally ill patients and their families seeking management of pain and symptoms while pursuing comfort and enhanced quality of life. Inpatient Care Centers at Blue Ash, Hamilton, Anderson, and Western Hills. Care also available in patient homes, nursing homes, assisted-living facilities and hospitals.

INFUSION TREATMENT

Amerimed Home Infusion Services, 513-942-3670

AmerimedInfusion.com

Medical infusion, enteral and parenteral nutrition therapy for patients at home.

Bethesda North Ambulatory Treatment Center, 513-865-1223

Bethesda Medical Center – Arrow Springs, 513-282-7000

INJURY PREVENTION (See *ThinkFirst*)

JOINT REPLACEMENT CLASS

Bethesda North Hospital, 513-865-1340

Good Samaritan Hospital, 513-862-2775

For patients who will receive total joint replacements at a TriHealth hospital. Reviews how to prepare for surgery, what will happen in the operating room, what will be involved in planning discharge from the hospital and what to expect upon returning home.

LABORATORY SERVICES

TriHealthLabServices.com

Bethesda Medical Center – Arrow Springs, 513-282-7000

Bethesda North Hospital, 513-865-1111

Bethesda Oak, 513-569-6111

Good Samaritan Hospital, 513-862-1400

Good Samaritan Medical Center – Western Ridge,
513-246-9820

A wide range of clinical laboratory and pathology services to physician offices, clinics, referring hospitals and other health care providers. Services are available 24/7, with courier service and specimen collection sites throughout the city. Comprehensive test directory available at TriHealthLabServices.com.

LACTATION CONSULTANTS AND BREAST PUMPS

Bethesda North and Good Samaritan hospitals,
513-862-7867

Private consultations and breast pump rental/purchase. For moms who deliver at Bethesda North or Good Samaritan hospitals.

LIFELINE®, 513-569-5115

Personal response service provides immediate personal call-back assistance with the simple press of a button, 24 hours a day, for elderly and persons with disabilities.

LYMPHEDEMA CARE (See Rehabilitation)

MAMMOGRAPHY, 513-569-6777

Mary Jo Cropper Family Center for Breast Care at
Bethesda North

Bethesda Medical Center – Arrow Springs

Good Samaritan Outpatient Center – Glenway

Good Samaritan Hospital Breast Center

Good Samaritan Medical Center – Western Ridge

TriHealth Women's Health Van

Screening and diagnostic mammography (X-ray of the breast) using state-of-the-art computer-aided technology. All mammograms are read by board-certified radiologists.

MATERNITY

FERTILITY SERVICES

Bethesda Center for Reproductive Health and Fertility
513-865-1675, BethesdaFertility.com

Comprehensive treatment options for male and female infertility include the most advanced techniques for ovulation induction, assisted reproduction and reproductive surgery.

FETAL CARE CENTER OF CINCINNATI, 513-636-9608

FetalCareCenter.org

Partnership of Good Samaritan Hospital, Cincinnati Children's Hospital Medical Center, and the University Hospital providing medical care for high-risk pregnancy patients.

HEALTHY BEGINNINGS, 513-861-8430

HealthyBeginnings.org

Prenatal health care at six locations to medically underserved pregnant women regardless of their insurance or ability to pay.

NURSE MIDWIVES, 513-751-5900

Obstetrical and gynecological services for women from teens to maturity in which nurse midwives collaborate with obstetricians, perinatologists, nurses, childbirth educators, integrative therapy providers, nutritionists, social workers, lactation consultants.

SETON CENTER FOR ADVANCED OBSTETRICS

Good Samaritan Hospital, 513-862-4300

For women requiring high-risk pregnancy care, prenatal and genetic counseling, education and risk analysis, ultrasounds and other tests.

CLASSES

TriHealth.com/classes

To register or for more information, call 513-475-4500 unless noted otherwise.

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Childbirth preparation classes

Cesarean childbirth information session, 513-661-5655

Childbirth education classes

Childbirth refresher course

HypnoBirthing – A celebration of life

Individual childbirth preparation, 513-661-5655

Multiples class – Twins or more

Unmedicated birth class

Vaginal birth after Cesarean class

Care and safety classes

Big Brother/Big Sister class

Fast Track to Fatherhood

Infant/Mother Care and Safety class

Today's Grandparents

Totsaver – CPR for infants and children

Educational classes and workshops

Breastfeeding classes

Fitness for two, 513-985-0900

Happiest Baby on the Block!®

Maternity orientation and hospital tour

Newborn massage class, 513-985-0900

Small Talk – how to teach sign language to children

Your Baby's Amazing Journey – the first 12 months

(See also Lactation Consultants)

MAXIMIZE ATHLETIC PERFORMANCE, 513-862-5790

Licensed therapists at Good Samaritan Physical Therapy will assess your performance in cycling, golf, running or triathlon, to maximize your ability. Sessions are 60-90 minutes.

MEDICAL EQUIPMENT

CornerStone Medical Services, 513-554-0222,

CornerStoneOneCall.com

Durable medical equipment delivered throughout the Midwest.

NAVIGATOR FOR SENIOR SERVICES (See Seniors)

OB/GYN CENTER AT BETHESDA NORTH, 513-865-1631

Complete prenatal care at an affordable package price by physician residents supervised by experienced obstetricians/gynecologists. Spanish-speaking caregivers one day each week.

OCCUPATIONAL MEDICINE CENTERS

TriHealthCorporateHealth.com

Bethesda Care Arrow Springs, 513-282-7075

Bethesda Care Butler County, 513-874-3990

Bethesda Care Eastgate, 513-752-3695

Bethesda Care Norwood, 513-731-3399

Bethesda Care Queensgate, 513-241-4135

Bethesda Care Sharonville, 513-563-1505

Good Samaritan Occupational Medicine Center,
513-862-2875

Pre-employment, Department of Transportation and respirator physicals, drug screens, breath alcohol tests, lab work, x-rays, pulmonary function tests, work-related injury care, physical therapy, travel immunizations, and exams for disability, immigration and FMLA.

OUTPATIENT SURGERY

Bethesda North Ambulatory Surgery Center,
513-865-4600

Good Samaritan Outpatient Treatment Center,
513-862-2553

Minor surgery and other outpatient procedures including plastics, orthopedics, gynecology, ophthalmology, otolaryngology (ear, nose and throat) and other general surgeries. Located on the hospital campus.

PALLIATIVE CARE

Bethesda North Hospital, 513-865-5167

Good Samaritan Hospital, 513-862-2864

Specially certified doctors and nurses who approach inpatient care with unique body-mind-spirit philosophy. Requires doctor's order.

PARISH NURSES, 513-569-6138

Registered nurses in multiple underserved neighborhoods provide health screenings and education, assist in management of chronic illnesses, and link clients to community support services.

PASTORAL CARE

Bethesda Medical Center – Arrow Springs, 513-865-1316

Bethesda North Hospital, 513-865-1316

Good Samaritan Hospital, 513-862-2281

Spiritual care for patients, families, friends, and community by certified chaplains of all faiths, cultures and traditions.

Supportive conversation, crisis intervention, grief support, sacramental and religious services. Mass on Fridays at Bethesda North Hospital. Daily Mass at Good Samaritan Hospital, except on Wednesday. Pastoral care staff and chapels are available at each hospital.

PATIENT ACCOUNTING CUSTOMER SERVICE, 513-569-6117

Payment options, financial assistance and insurance intervention for patients of Bethesda North, Good Samaritan, and other TriHealth facilities.

PATIENT RELATIONS

Bethesda North Hospital, 513-865-1115

Good Samaritan Hospital, 513-862-2582

Information and assistance related to patient's rights and responsibilities, advance directives, and problem resolution.

PATIENT TRANSPORT SERVICES, 513-831-5999

Ambulance transport by paramedics and nurses to homes and all types of facilities citywide. Mobile intensive care unit also available.

PELVIC PAIN/URINARY INCONTINENCE

Bethesda Physical Therapy – Arrow Springs, 513-282-7150

Good Samaritan Outpatient Center - Glenway, 513-862-5741

Good Samaritan Women's Center for Specialized Care, 513-862-1888

PHYSICAL THERAPY *(See Rehabilitation)*

PHYSICIAN TELEPHONE REFERRAL LINE, 513-569-5400

Operators available weekdays 8 a.m. to 4 p.m. to refer patients to physicians and services at Bethesda North and Good Samaritan hospitals, and other TriHealth facilities.

PHYSICIAN ON-LINE DIRECTORY

TriHealth.com

Click "Find a Doctor" for contact information and specialties of physicians affiliated with Bethesda North and Good Samaritan hospitals.

POST-REHAB PROGRAM

TriHealth Fitness & Health Pavilion, 513-985-0900

Advances a patient from medically prescribed physical therapy to supervised exercise with a certified athletic trainer. Encourages independence and achieving each patient's goals. Some work can be tailored to swimming pool.

REHABILITATION

AQUATIC THERAPY

TriHealth Fitness & Health Pavilion, 513-985-6750

Good Samaritan Outpatient Center - Glenway, 513-862-5741

AUDIOLOGY

Good Samaritan Hospital, 513-862-2481

Bethesda North Hospital, 513-865-1109

BALANCE, VESTIBULAR & FALL REDUCTION

Good Samaritan Hospital, 513-862-3475

CARDIAC REHABILITATION *(See Heart Services)*

DYSPHAGIA SERVICES *(Swallowing disorders)*

Good Samaritan Hospital, 513-862-2481

Bethesda North Hospital, 513-865-1109

HAND REHABILITATION

Bethesda Hand Rehabilitation – Montgomery, 513-247-0224

Bethesda Hand Rehabilitation – Bethesda Oak, 513-569-6699

Bethesda Hand Rehabilitation – Arrow Springs, 513-247-0224

INPATIENT REHABILITATION

Bethesda North Hospital, 513-865-1310

Good Samaritan Hospital, 513-862-8833

Intense inpatient rehabilitation for patients who meet admission criteria established by Medicare and insurance companies. Provided by physical medicine and rehabilitation physicians, physical therapists, occupational therapists, speech pathologists, nurses, social workers and neuropsychologists.

LYMPHEDEMA

Good Samaritan Hospital, 513-862-3475

Bethesda Montgomery Hand Rehab, 513-247-0224

TriHealth Fitness & Health Pavilion, 513-985-6750

Treatment for abnormal swelling of arms or legs.

OUTPATIENT PHYSICAL THERAPY

Bethesda Loveland Physical Therapy, 513-583-8403

Bethesda Physical Therapy – Arrow Springs, 513-282-7150

Bethesda Physical Therapy – Eastgate, 513-752-3694

Bethesda Physical Therapy – Mason, 513-204-6490

Bethesda Physical Therapy – TriHealth Fitness & Health Pavilion, 513-985-6750

Good Samaritan Physical Therapy – Glenway, 513-862-5741

Good Samaritan Physical Therapy – Good Samaritan Hospital, 513-862-3475

Good Samaritan Physical Therapy – Union Centre, 513-862-5790

PEDIATRIC DEVELOPMENTAL ASSESSMENT AND THERAPY

Good Samaritan Hospital, 513-862-2527

PROS *(Physical Rehabilitation Outpatient Services)*

Good Samaritan Hospital, 513-862-3476

TriHealth Fitness & Health Pavilion, 513-985-6757

Team of physical therapists, occupational therapists, speech pathologists, nursing, social workers, and neuropsychologists providing electromyography (EMG) and nerve conduction velocity (NCV), vestibular rehabilitation, driver ability screenings and aquatic therapy for outpatients with conditions ranging from stroke to sports-related injuries.

PULMONARY REHABILITATION

Good Samaritan Hospital, 513-862-2415

TriHealth Fitness & Health Pavilion, 513-985-6776

Outpatient instruction about lung conditions, medication, lifestyle modification, smoking cessation, controlling shortness of breath and breathing retraining techniques. Exercise sessions include walking, bicycling, treadmill, and upper body resistance training.

(See also Post Rehab, Sports Medicine and Wheelchair Evaluations)

PSYCHIATRIC SERVICES *(See Behavioral Health)*

PULMONARY HYPERTENSION, 513-865-5908

Specializes in diagnosis and treatment of pulmonary hypertension. Located at Bethesda North, this is the only program of its kind outside the Cincinnati limits.

ROBOTIC-ASSISTED SURGERY

RoboticSurgeryExperts.com

Bethesda North Hospital, 513-865-5194

Good Samaritan Center for Robotic-Assisted Surgery, 513-862-1111

Leading edge, minimally invasive robotic-assisted surgical options for cardiothoracic, urologic and gynecologic procedures. National training and research facility for cardiac and gynecological surgeons.

SENIORS

TriHealthSeniorsHealth.com

GEROS MEDICAL GROUP, 513-569-6780

Physicians and nurse practitioners specializing in geriatric care to residents of long-term care centers and other senior residences. Accessible 24 hours a day.

NAVIGATOR FOR SENIOR SERVICES, 513-569-6200

Comprehensive resource referral for regional and TriHealth services to help older adults, their families and caregivers arrange for the most appropriate assistance. Free consultation with licensed social worker.

REHAB TRANSITIONAL CARE PARTNERS, 513-569-6748

Rehabilitation and transitional care for nursing home patients.

SENIOR BEHAVIORAL HEALTH PROGRAM

Good Samaritan Hospital, 513-862-4100

Mental health services for older adults requiring inpatient care 24-hours a day, seven days a week.

SENIORITY

Bethesda North Hospital, 513-865-1700

Good Samaritan Hospital, 513-862-3633

Free membership program helps people age 50 and older maintain healthier, more active lives through classes, travel, and discounts on hospital and health-related services.

SENIORLINK

Norwood, Walnut Hills (Park Eden), and Downtown, 513-531-5110

Comprehensive health care program for people 55 and older who have health needs requiring ongoing care and want to remain in their community. Those eligible for both Medicaid and Medicare may receive services at no cost.

TRIHEALTH LIFELINE & HOME CONNECTIONS, 513-569-5115

Personal emergency response and home safety services to help older adults continue to live safely at home.

SHARE® OCCUPATIONAL HEALTH PROGRAM, 513-891-1622, TriHealthCorporateHealth.com

Occupational health nurses placed within manufacturing and industrial worksites to manage programs for worker injury and illness prevention and treatment. Worker's Compensation, absence and disability case management. Implementation of federal and state regulatory compliance programs, health and wellness programs, and disease management programs.

SKIN CANCER

Good Samaritan Skin Cancer Center, 513-862-4242

An innovative service that expedites the care of skin cancer patients. Provides rapid access to diagnosis and treatment of skin cancer. Routine screenings and non-skin cancer related dermatological needs are not addressed during these priority appointments.

SLEEP SERVICES

Bethesda Sleep Center, 513-865-1690

Good Samaritan Sleep Center – Glenway, 513-481-1470

These nationally recognized centers have sleep disorder experts who will identify and treat individual sleep problems to increase energy, improve relationships, and increase productivity.

SPA

TriHealth Fitness & Health Pavilion, 513-985-6772

TriHealthPavilion.com

Facials, skin treatments, massage, nail care, medical skin care, acupuncture and holistic therapies.

SPORTS MEDICINE

TriHealth Sports Medicine, 513-985-6749

Ten locations throughout Greater Cincinnati

Prevention, recognition, and assessment of athletic injuries, and the complete management and treatment of those injuries. Treatment of patients and athletes of all ages throughout Greater Cincinnati. Team approach includes numerous physicians, physical therapists and certified athletic trainers at 10 physical therapy locations. Serves 30+ professional teams, high schools, club teams, local colleges and universities and other sports-related organizations.

THINK FIRST® INJURY PREVENTION PROGRAM, 513-865-1742

Educational programs for schools, businesses and community organizations on trauma and injury prevention.

Cribs for Kids: Educational program dedicated to prevention of sudden infant death syndrome. Specifically for at-risk parents who receive CPSC approved cribs at reasonable cost.

ThinkFirst for Your Baby: Teaches parents how to reduce unintentional injuries in infants through prenatal education combined with post-natal follow-up. (Presented in English and in Spanish.)

ThinkFirst for Kids: In-school program that teaches kids (Grades K-3) to be safe, prevent injury and still enjoy life on bicycles, bus, in sports and other activities.

ThinkFirst for Big Kids: In-school program that uses an interactive game format to teach kids (Grades 4-6) bicycle safety, motor vehicle safety, fire/burn prevention and water safety.

ThinkFirst for Youth: In-school program for students (Grades 4-5, 6-8) that teaches the importance of protecting themselves when faced with a challenging decision. Includes understanding the body's physical abilities, conflict resolution, peer pressure and confidence-building.

ThinkFirst for Teens: Assembly based program (Grades 7-12) on decision-making skills and the consequences of risk-taking behavior. Includes award-winning film and presentation by young individual who has sustained brain or spinal cord injury.

ThinkFirst Teen Driving Program: Classroom and assembly program for Grades 10-12 including speaker and video: Three Drivers; Eighteen Lives.

TriHealth Senior Driving Academy: Held at community-based sites for drivers age 55 and older.

TRIHEALTH FITNESS & HEALTH PAVILION, 513-985-0900 TriHealthPavilion.com

Ohio's first certified medically based fitness facility, the Pavilion provides an inviting retreat where people of all ages and fitness levels enjoy a variety of activities and services. Degreed, certified staff guide members in workouts on the fitness floor, through group exercise and aquatics classes, and with personal training.

Amenities include indoor and outdoor tracks and pools, and a full-size gym. Also housed at the Pavilion are services open to the community, such as TriHealth Integrative Health & Medicine, the Pavilion Spa, cardiac rehabilitation, pulmonary rehabilitation, dietitian services and physical therapy. A Kids' Life Center, health promotion classes, a Pro Shop and conference rooms for rent are other popular amenities for our clients.

VASCULAR CENTER

Bethesda North Hospital, 513-865-1656

TriHealth.com (*Search Vascular*)

With the expertise of specialists in interventional cardiology, interventional radiology, cardiothoracic surgery and vascular surgery, this center offers comprehensive diagnosis and treatment for conditions related to vascular disease, including:

- Abdominal aortic aneurysm (AAA)
- Peripheral artery disease (PAD)

(See also Heart Services.)

WEIGHT MANAGEMENT

Good Samaritan Weight Management Center, 513-862-4957, ChangeForaLifetime.com

A team approach to surgical and non-surgical weight loss. Let our physician, dietitian, exercise physiologist and behavioral health specialist create a customized plan for your weight loss success. Three surgical options: gastric bypass, sleeve gastrectomy, lap-band. The Health and Nutrition Technology program is a non-surgical option that brings together a high-quality, low-calorie meal replacement with a powerful lifestyle and health program. Two-hour informational seminar and video seminars available. Monthly support groups.

