

  
**TriHealth**  
CARING FOR PEOPLE FIRST™  
**Corporate Health**

*We help your employees lead healthier, safer, and more productive lives.*



*Bethesda Care and Good Samaritan Occupational Medicine  
August Bulletin*

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**Now Offering Webinars!**

**Upcoming Seminars:** Conducted by CONCERN Employee Assistance Program

CONCERN has added four new webinars to their list of Drug Free Workplace, Drug Free Safety Program, and Department of Transportation Supervisor Training Seminars. Webinars occur by phone and computer, and the upcoming schedule can be downloaded at:

<http://www.trihealthcorporatehealth.com/about/employer-seminars.aspx>

To register for a program, contact Melanie Kuehner at 513-977-2161 or [melanie\\_kuehner@trihealth.com](mailto:melanie_kuehner@trihealth.com)

**Keeping Employees Safe and On the Job**

What's the key? Dr. James Keller discusses his perspective on lessening the risk of employee injuries and quick return-to-work when they occur. Read about it at:

<http://www.trihealthcorporatehealth.com/solutions/keep-your-employees-safe-and-on-the-job.aspx>

**What Can You Do to Reduce the Number One Workplace Injury?**

According to the Bureau of Labor Statistics, work-related musculoskeletal disorders account for one-third of all occupational injuries and illnesses. The U.S. Department of Labor, Occupational Safety and Health Administration reports that repetitive strain injuries are the most costly occupational health problem in the country, affecting hundreds of thousands of workers annually at a workers' compensation cost estimated at over \$20 billion.

What can you do to lessen your employees' risk? [Read about it at:](#)

<http://www.trihealthcorporatehealth.com/occupational-health/Health-and-Safety-Topics.aspx>

### ***Do Your Employees Face the Risk of Spider Bite Injuries in Their Work?***

The sometimes-fatal Brown Recluse Spider isn't common in Ohio. But there are related spiders in the same species that have been reported in the region with similar habits and probably similar venom risks. We've attached some important information on the Brown Recluse's species (*Loxosceles*) from the *Ohio State University Extension Office*. The article discusses how to identify them, where they're most prevalent, how to prevent bites, and what to do if bitten. Read more in the attachment.

Bethesda Care and Good Samaritan Occupational Medicine Centers treat spider bites as well as any occupational injury. For more information, contact one of our [seven occupational medicine centers at: http://www.trihealthcorporatehealth.com/occupational-health/our-services/our-locations.aspx](http://www.trihealthcorporatehealth.com/occupational-health/our-services/our-locations.aspx)

### ***Holiday Closings***

Bethesda Care and Good Samaritan Occupational Medicine Centers' [Holiday Closing Schedule](http://www.trihealthcorporatehealth.com/occupational-health/our-services/our-locations.aspx#olidayclosings) is now online. Please bookmark or add it to your favorites for easy reference:

<http://www.trihealthcorporatehealth.com/occupational-health/our-services/our-locations.aspx#olidayclosings>

### ***E-Bill Pay***

**We're Getting *GREENER!***

Did you know you can pay your Corporate Health bill online? It's quick and easy to establish your company account, and will save you time and money by reducing paper usage and eliminating the cost of postage. Simply go to *E-Bill Pay* at [www.trihealthcorporatehealth.com/about/e-bill-pay.aspx](http://www.trihealthcorporatehealth.com/about/e-bill-pay.aspx) to sign up or pay your bill online.

### ***News and Notes***

In late August, the Mason Community Center will be unveiling an expansion including a new 31,000 square ft. medical facility. The center will include the relocated offices of Group Health Associates Mason, the opening of Bethesda Rehabilitation, and onsite wellness programming through "Partners in Wellness". To learn more, visit: <http://www.masonoh.org/home.php?ID=605>

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### ***TriHealth Occupational Medicine is a part of TriHealth Corporate Health.***

*Worksite wellness, occupational medicine, work capacity, onsite nursing, executive health, EAP/Worklife, Analytics, and the TriHealth Fitness and Health Pavilion*

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