

**ABOUT TRIHEALTH CORPORATE HEALTH**

TriHealth Corporate Health is recognized as the employer health partner to more than 7,000 companies and organizations. Employers of all sizes and industry types trust TriHealth Corporate Health year after year to help them build and maintain healthy, strong and well balanced workforces.

As a division of TriHealth, a not-for-profit health system that includes Good Samaritan and Bethesda North Hospitals, we bring over 150 years of compassion and world-class care to the people we serve. Our division was established in the early 1980's with a single focus – to improve employee health thereby increasing workplace productivity.

Our medical staff, fitness and wellness specialists, and Worklife counselors are experts in Workplace Health and Medicine. We are passionate about helping businesses empower their employees to make healthy lifestyle choices, because healthy people perform to their fullest on the job and impact the overall health of our communities.

Corporate Health is uniquely positioned to help maximize an employer's opportunities for sustaining long-term bottom line success. We set the standard for holistic employee care, offering the industry's greatest breadth of employer health solutions delivered through an integrated model we developed called Health & Productivity Strategies, (HPS). HPS systematically addresses all aspects of employee health affecting work performance.

**HEALTH + PRODUCTIVITY STRATEGIES**

We are committed to helping employers care for their greatest assets – the individuals they employ. In partnership with employers, we will continue to develop innovative strategies that improve employee health, contain healthcare costs and increase staff productivity.

TriHealth Corporate Health includes SHARE® On-site Nurse Program, CONCERN® Services, Preventive Health Systems, Occupational Medicine, Executive Health, and TriHealth Fitness & Health Pavilion



# Maximizing Employee Productivity

Through Occupational Medicine

## Bethesda Care Occupational Medicine Centers & Good Samaritan Hospital Occupational Medicine Center



You are faced with the daily demands of supporting a healthy and productive workforce. From drug screenings to injury prevention and management, you need a medical provider that specializes in keeping your workers safe, healthy and on the job.

Choose the health professionals at the Bethesda Care and the Good Samaritan Hospital's Occupational Medicine Centers for all your work-related health and safety needs. Our physicians specialize in occupational medicine, providing quality care for your employees and expert advice.

Since 1984, we have been the provider of choice to over 7,000 employers. As part of TriHealth Corporate Health, our centers are linked to a system of employer health services designed to help you maximize employee productivity. Our commitment to employers like you means better health and safety for you and your employees.

# KEEPING EMPLOYEES HEALTHY AND ON THE JOB

**T**he Bethesda Care and the Good Samaritan Hospital's Occupational Medicine Centers deliver comprehensive employer health services designed to keep employees healthy, safe and on the job. Our prevention, treatment and rehabilitation services, combined with our health and productivity programs, provide everything you need to prevent injuries, manage lost time and reduce medical costs and workers' compensation premiums.

The reputation of our occupational medicine centers is synonymous with the quality care Bethesda and Good Samaritan Hospitals have been delivering for over 150 years. As part of the TriHealth System, we strive to improve the health status of our communities by dedicating our expertise to helping you maintain a healthy workforce and a safe work environment. We start by understanding the job functions your employees perform, making worksite visits to learn your workplace requirements. Our vast experience enables us to understand your unique needs and quickly identify ways to minimize health risks.

We share your concerns for maximizing employee productivity and know the price you pay for lost time due to illness or injury. We have a proven track record in being the best provider in industrial rehabilitation and transitional duty in the region. Our return-to-work outcomes typically exceed national benchmarks.

Because we value our partnership with you, we make open communication a priority. Our physicians will communicate directly with you, providing accurate diagnosis of employee conditions. This allows for fast decision-making and prompt medical treatment. Our goal is to provide employees with the right treatment and return to work as quickly as possible.



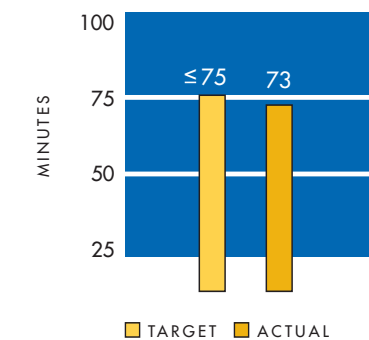
**W**hen you partner with Bethesda Care and Good Samaritan Hospital's Occupational Medicine Centers, you can be confident your employees will receive quality treatment and care from a medical staff that understands the importance of employee productivity. Moreover, you have access to a system-wide approach to employee health care. By integrating our services with the broad range of employer health programs provided by TriHealth Corporate Health, we can help you to implement proven corporate-wide health solutions that increase productivity. Ultimately, we provide services and strategies that address the complete health and well-being of your employees yielding maximum productivity for your company.



## CHOOSE THE OCCUPATIONAL MEDICINE EXPERT

Call Jackie Glaser today at (513) 985.5455 x235 to arrange a free initial assessment or visit [www.trihealthcorporatehealth.com](http://www.trihealthcorporatehealth.com) to learn more about our services and how they can benefit your business.

TRIHEALTH OCCUPATIONAL MEDICINE CENTERS  
Initial Injury Treatment 2004



**73 minutes or less for initial injury treatment**  
Based on the average of all 7 centers turnaround time for all initial injury treatment visits

## COMPREHENSIVE CARE

Under the direction of Dr. Doug Linz, our Occupational Medicine Centers continue to set the industry standard for quality care, customer satisfaction and service times. Our services include:

- Employment Physicals
- Injury Treatment and Management
- Medical Surveillance
- Respirator Services
- Hearing Conservation
- Complete Drug Screening Programs
- DOT Services
- On-site Services
- Clinic Work Conditioning Program
- On-Site Industrial Rehabilitation Services or Transitional Work Services
- Clinic and Worksite Physical Therapy

### PROVEN RESULTS

We get your employees back to full duty faster than national best practices.

	NATIONAL BENCHMARK	OUR RESULTS (average for FY05) YTD
Lumbar Strain/Sprains	14 days	<b>13.5 days</b>

## WHY EMPLOYERS CHOOSE US

- The majority of our physicians are board certified in Occupational Medicine. In fact, 85% of our physicians serve as corporate medical directors
- Our treatment plans and outcomes are aligned with employer needs
- Our physicians proactively communicate with employers providing critical information for decision-making
- We document return-to-work outcomes for employers demonstrating the reduction in lost time
- We provide expert consultation and on-site visits
- We bring compassion and concern to the care of employees
- We keep employees healthy, safe and on the job

## WE MAKE IT EASY FOR YOU

We make quality care convenient for you and your employees through our multiple Bethesda Care Centers, Mobile Unit or Good Samaritan Hospital location. Our occupational medicine specialists are ready to provide the right treatment with a turnaround time that gets employees back to work fast. Two of our locations offer extended evening and Saturday hours.

## EXPECTED BENEFITS OF TRIHEALTH CORPORATE HEALTH OCCUPATIONAL MEDICINE:

- Improved health status
- Savings in worker's compensation claims
- Reduction in lost work time
- Accident & injury prevention
- Fast turnaround for treatment time
- Effective management of medical surveillance



## WORK CAPACITY SERVICES



### REHABILITATION SERVICES

#### Physical Therapy

Physical Therapy for injured workers is available at four of our Occupational Medicine Centers located throughout the city (Blue Ash, Norwood, Queensgate and Sharonville). Our experienced physical therapists successfully return injured workers to the job faster and more effectively than national and regional benchmarks.

#### Transitional Work

Our Transitional Work Program allows injured workers to progressively build up tolerance for work activities in a controlled, supervised fashion while actually performing meaningful, productive work. Each program is individually customized and is supervised by a licensed transitional work occupational therapist.

#### Work Conditioning

Work Conditioning involves individualized treatment focused on regaining function, education in injury prevention, and return to work goals. Job simulation tasks are incorporated into the program with a focus toward a vocational goal or job target. The program hours and days are increased as tolerated.

### PREVENTION SERVICES

#### Ergonomic Assessment of Workstations

This service provides an analysis of jobs to offer practical abatement measures against musculoskeletal injury risk factors. Our trained therapists can work with your engineering and maintenance staff to assist in making recommendations tangible.

#### Onsite Safety Walk Through

Our experienced therapists are available to assist with your ongoing safety and health

programs. The therapists can offer on the spot suggestions for improved body mechanics, simple ergonomic solutions, and preventive stretching techniques to enhance worker safety. The consistent use of this type of program has demonstrated success in contributing to a reduction in repetitive strain and an increase in productivity. It also enhances management/employee relations by showing your employees you value their efforts and are concerned for their safety on the job.

#### Employee Education Programs

These programs focus on back education and joint protection principles. The program consists of an interactive presentation designed to educate an audience on basic anatomy, work-related body mechanics concepts, and basic ergonomics. Preventive stretching is an additional program component that is offered. Presentations can be customized relative to each employer's needs.

### EVALUATION SERVICES

#### Functional Capacity Evaluation (FCE)

A licensed Physical or Occupational therapist performs this evaluation to determine current musculoskeletal status and functional capabilities. This information can answer questions about the work capabilities of an individual and can provide appropriate rehabilitation recommendations.

#### Pre-Employment Physical Agility Testing

This evaluation is a component of a comprehensive, multidisciplinary pre-employment testing process provided in conjunction with our Occupational Medicine Centers. Job analyses are completed for the targeted jobs to identify essential job functions. Applicants for the identified job categories are tested to assess

their performance against the established standards for the essential job functions. Tests are constructed to comply with Americans with Disabilities Act regulations.

#### Work Readiness Profile (WRP)

This evaluation includes an FCE and a job specific cycle of activities that allow for observation of activity tolerance over a 1 to 2 day period. A comprehensive overview of the worker's physical, functional and behavioral capabilities in relation to sustained work performance is also provided.

#### ADA Assessments

The Americans with Disabilities Act can be confusing when it comes to implementation

with a specific individual. Our therapists can perform work site assessments of current or potential employees with disabilities and provide recommendations for appropriate accommodations in a targeted job.

#### Job Analysis

Functionally explicit job analysis is an important part of any health and safety program. Accurate job analysis is the foundation of any ergonomic or transitional work program. These job assessments also assist with numerous return-to-work and ADA issues.